



# CODE OF CONDUCT

## General Code of Behaviour

We are the Ice Dragons. We have a common set of values that binds the members together. As Ice Dragons we shall demonstrate our values by conforming to the following Code of Conduct at any time that we act as a Club representative (official or unofficial) to external parties or participate in any activity related to the Club.

### We will:

- *Be fair, considerate and honest in all dealing with others;*
- *Provide a safe environment for the conduct of the sport;*
- *Be aware of, and maintain an uncompromising adherence to the dragon boat and outrigger standards, rules, regulations and policies at the local, national and international level as appropriate;*
- *Not use our involvement with the Club to promote our personal beliefs, behaviours, interests or practices where these are inconsistent with those of the Club and the wider water sports community;*
- *Refrain from any form of harassment of others;*
- *Refrain from any behaviour that may hurt the Ice Dragons' image or public reputation;*
- *Refrain from sharing any Ice Dragons specific training/racing information to outsiders that could hurt our competitive goals;*
- *Not mislead people (in and outside of the Club) as to our role and authority to make decisions for the Club; and*
- *Not use Club email, Facebook, and other social media to criticise or make remarks that could adversely affect another member, the Club or any individual or organisation within the community and in particular, the greater water sports community.*

Should a member break one of these Codes, we authorise and expect the Ice Dragons Executive Committee to faithfully carry out the appropriate measures in accordance with the Code of Conduct Enforcement Guidelines (another document).

## Ice Dragons Club Values

### PASSION

- ENJOY THE SPORT
- HAVE PRIDE IN YOURSELF AND THE CLUB
- BE PROUD TO CALL YOURSELF AN ICE DRAGON

### COMMITMENT

- CONSISTENTLY DEMONSTRATE THE VALUES OF THE CLUB
- COMMIT TO YOUR TEAM
- COMMIT TO YOUR SELF-IMPROVEMENT
- PREPARE TO MAKE SACRIFICES FOR GOALS

### TEAM

- DEMONSTRATE A HIGH DEGREE OF PERSONAL RESPONSIBILITY
- SHOW CONCERN AND CAUTION TOWARDS THOSE WHO MAY BE SICK OR INJURED
- BE A POSITIVE ROLE MODEL
- REMEMBER THAT "TEAM" IS THOSE IN AND OUT OF THE BOAT

### TRUST

- TRUST YOURSELVES
- TRUST YOUR TEAMMATES
- TRUST THE LEADERSHIP IS TRYING TO DO WHAT IS IN THE BEST INTEREST OF THE PADDLERS AND OUR CLUB

### FUN

- SMILE, LAUGH AND HAVE FUN
- DON'T TAKE YOURSELF TOO SERIOUSLY

### RESPECT

- DEMONSTRATE RESPECT FOR YOUR TEAMMATES AND OTHERS
- REMEMBER THAT RESPECT IS YOUR ACTIONS WORDS AND EMAILS IN AND OUTSIDE OF THE BOAT